

# THE SCHLUMBERGER MED-TRACK PHYSICAL

■ Malaria-stricken employees from Southeast Asia and Africa had to be urgently medically evacuated. ... Several cases of hepatitis had employees out of work for months. ... A young child died of tetanus in Indonesia. ...

That same year - 1990 - another employee working for **Schlumberger** in Africa had to be medically evacuated for a cardiac problem.

His health was such that he should never have been sent to the Africa Region.

This last case spurred on the newly-assigned SL Medical Coordinator Dr. Barbey to work on launching the Med-Track program. ■



**Schlumberger**

# ANALYSIS OF THE MEDICAL RESULTS

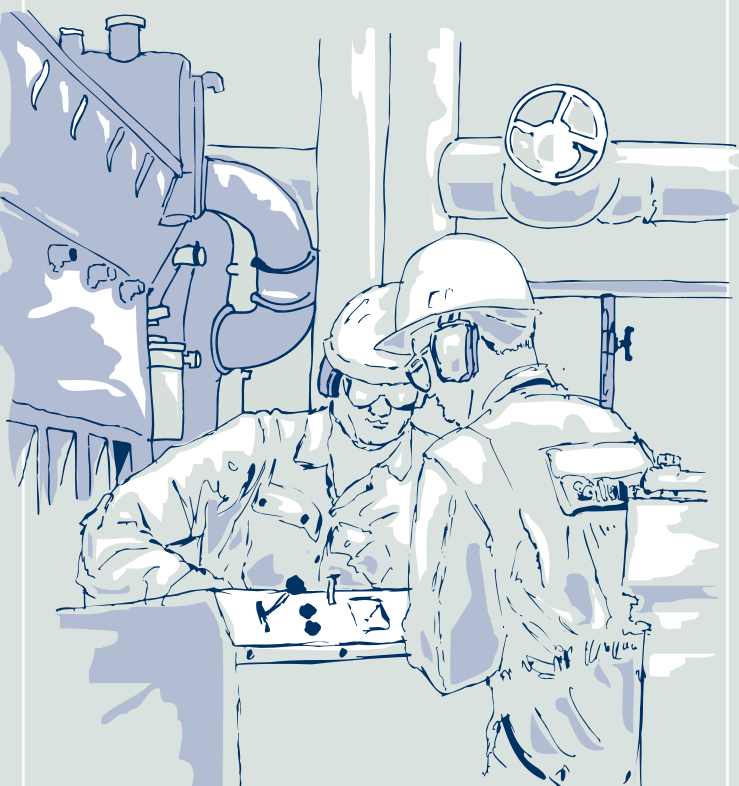
During the last ten years, there has been an on-going analysis of Med-Track results in four different areas:

- ▲ Life Style
- ▲ Medical
- ▲ Work-related health
- ▲ Vaccinations

**Life Style:** Smoking is the #1 problem in the male population, followed by cardio-vascular problems (due to obesity, high blood pressure, high blood levels of sugar and cholesterol).

**Medical:** Men have three times more gastric ulcers and twice as many hearing problems as women.

Women report suffering from migraine headaches almost twice as much as men and have twice as many respiratory problems (particularly asthma).



**Work-related health:** Lower back problems are the most common ailment, followed by parasitic diseases and hepatitis A and B.

Wives and children of all International Staff employees who accompany their spouses abroad should undergo a Med-Track physical.

This will not only help detect significant health problems at an early stage but also promote prevention through vaccinations.

In addition, employees should remember to bring home Schlumberger health communication materials for their family to read: the Health Campaign Booklets, company magazines with health articles.

Home computer access to health data base on the World Wide Web is also available.

**We would like to personally encourage you to take a Schlumberger Med-Track physical.**

**Our company works in over 80 countries worldwide. Many of these countries do not have the level of health care found at home. They also expose you and your family to local health hazards linked to work, climate and local diseases.**

**Med-Track is thus the best way we can give expatriate and mobile families the continuous medical attention needed.**

**At the same time, we continue to encourage the personnel function to expand adequate health prevention, in liaison with local medical plans organization, in each country where we work. And indeed, should emergencies arise that require evacuation to an appropriate hospital, Schlumberger will do what is best for all its employees.**

**It is vitally important that you and your accompanying dependents leave on a assignment in good health. It is just as important that you remain healthy while abroad and that you return in the same condition. Having the preventive vaccinations, adapted information (i.e. malaria) and targeted medical check-up will give you the best chance of avoiding medical problems no matter where you travel or live.**

**It is in your interest as well as your family's that you undergo a regular Med-Track physical.**

**Dr. Alex Barbey**  
Schlumberger Medical Coordinator

**Pierre Bismuth**  
Vice President Personnel  
Schlumberger Limited

December 2001

# LOGGING INTO HEALTH INFO ... AND MORE!

Schlumberger has set up an extensive Health Data Base, called the **Health Hub** on the **World Wide Web**. It can be consulted at: <http://www.hub.slb.com/index.cfm?a=HealthHub>

The Health Info Data Base includes valuable information on over 150 countries around the world and covers:

- ▲ Mandatory and recommended vaccinations
- ▲ Recommendations on food and water
- ▲ Local diseases and their prevention
- ▲ Local health facilities: hospitals, doctors, labs, dentists, pharmacies
- ▲ Information on emergencies and evacuations as well as information on:
  - ◆ The Schlumberger HSE Network
  - ◆ Med-Track Physicals
  - ◆ Health campaign brochures



# Med-Track

▲ Since April 1991, Schlumberger Oilfield Services has offered its International Staff employees a complete physical examination. This physical is obligatory for pre-employment and every three years thereafter.

Its aim is to provide a basic medical exam at a reasonable cost, requiring little time wasted for the employee. Most importantly, by tracking employee's illnesses, cases such as those cited in the introduction can be avoided. Indeed, today such cases have been reduced drastically.

The Schlumberger-specific physical was conceived by Schlumberger and SAMI (Now International SOS), a medical administration company, based in Paris, France. There is total CNIL\* -approved confidentiality of the medical file.

Administered by International SOS, the physicals are performed in over 500 Schlumberger-certified medical centers throughout the world by doctors who are aware of the working environment in Schlumberger and international health risks.

The centers are audited at regular intervals, doctors are designated and they receive information regularly on Schlumberger work habits and problems ■

\*All safeguards to guarantee confidentiality were approved by the French Comité National d'Informatique et Liberté - Article 27 - CNIL.

# ADVANTAGES OF MED-TRACK

● Before Med-Track, Schlumberger paid for a yearly physical for its employees and their families. The company received very little, if any, medical feedback, and the employee usually lost track of his/her medical records. In case of a serious illness, accident or hospitalization in a foreign country, the consulting doctor usually had no medical information concerning the employee or his family. Today, the advantages of a targeted physical every three years are evident, both for the employee and for Schlumberger:

- It gives the employee a physical adapted to his or her travel, working conditions and health risks.
- The employee has a pocket-size "Health Passport" summarizing the results of his or her last physical which can be consulted by any doctor in the world in case of an emergency or hospitalization.
- The Schlumberger Medical Department is aware if an employee has any health problems. This can be of great value in job assignments and for giving proper assistance to an employee in time of medical need.
- The compiled results on International SOS' confidential computer data base serve as a guideline for tracking major health problems existing within the company which, in turn, pinpoint the need for health campaigns, such as Malaria, Vaccinations, Smoking, Your Back, Fitness, Drugs, Alcohol and Ergonomics.

An upshot to this is that the health campaigns can be evaluated. Has the number of reported cases/medical evacuations for malaria decreased? Are there fewer cases of Hepatitis B? ■

# MED-TRACK SINCE 1991

● Since 1991 over 10,000 employees have had a Med-Track physical. ■

**Schlumberger**

## MED-TRACK

**CONFIDENTIAL MEDICAL**

Dear Schlumberger Employee,  
Please be kind enough to fill out the first 2 pages of this medical questionnaire as completely as possible and give it to the examining physician who will fill out his part. Thank you for your cooperation. Sincerely,  
Doctor Alex Barbey, Schlumberger International Health Co-ordinator.

**International SOS**  
An AEA Company

Pre-employment check-up   
Periodic check-up

**TO BE COMPLETED BY THE SCHLUMBERGER EMPLOYEE**

PLEASE WRITE IN CLEAR CAPITAL LETTERS IN ENGLISH (pages 1 and 2)

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_  
SEX \_\_\_\_\_ BIRTH DATE (day/month/year) \_\_\_\_/\_\_\_\_/\_\_\_\_  
HOME PHONE \_\_\_\_\_ NATIONALITY \_\_\_\_\_  
HOME ADDRESS \_\_\_\_\_

CLEARLY INDICATE YOUR COMPANY INFORMATION - PUT A "X" IN THE CORRESPONDING BOX BELOW:

NSA		ECA		ASA		MEA	
WIRELINE				DOWELL			
IPM		SDS		ANADRILL		GECO PRAKLA	
		HQ		CAMCO		GEOQUEST	

GIN NUMBER \_\_\_\_\_  
UNIT AND PRESENT JOB LOCATION - COUNTRY \_\_\_\_\_

PLEASE CHECK YOU HAVE ANSWERED ALL THE QUESTIONS ON THIS PAGE

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN  
All medical information will remain strictly confidential and employees' medical files may do so by writing to the Medical Department. I declare these statements to be true and correct. The results of this examination will be confidential.

# VACCINATIONS

## SCHLUMBERGER recommendations

Everyone should have the following vaccinations:

**TETANUS**

**POLIO**

**HEPATITIS A & B**

**TYPHOID**

**YELLOW FEVER** is mandatory for everyone working, living or travelling to South America and Africa.

**MENINGITIS A & C** is recommended for Africa and the Middle East.

**DIPHTERIA** is recommended for people going to C.I.S. countries or Eastern Europe.

# QUESTIONS AND ANSWERS

## Who is eligible for Med-Track?

All international staff commuters, residents and their accompanying dependents.

## Will my employer have access to the results of my physical?

No. The results of the physical are handled by the International SOS doctor on their central data base. The Schlumberger Medical Coordinator, Dr. Alex Barbey, is informed of any major health problems. There is thus strict confidentiality between patient and doctor.

No details of the health results are communicated to management. Schlumberger HSE and Personnel Managers are only informed as to whether the employee is "Fit" (to work) "Unfit" or "Fit With Restrictions".

## Can an employee be released if he/she is judged "Unfit"?

The company has handled this problem on a case-by-case basis, usually by re-assigning people, say, from work on the rig to work in the office. If the health problem is serious, the employee would be on long-term disability.

## How do I go about getting a physical?

The Personnel Department sends a listing of their International Staff to International SOS who administers the periodic physicals. For a pre-employment physical, the prospective employee will automatically receive a medical package from recruiter, which includes instructions on how to go about getting the physical, a list of the worldwide health centers, a medical questionnaire, recommended vaccinations, etc. For registered employees, International SOS will automatically send the medical package to each registered employee/dependent every three years (unless otherwise specified within his/her product line).

## Do I, as an employee, find out the results of my physical?

Yes. The medical center gives you the results. Four to six weeks later, you will receive your Schlumberger Health Passport (from International SOS) duly completed with a summary of the physical, as well as a personal letter from the SL Medical Coordinator if there are any serious medical problems.

## Who pays for the physical?

The employee pays for the physical at the medical center the same day and is reimbursed by European Benefits.

## Does the Med-Track physical include drug or HIV testing?

Drug testing is done for the pre-employment physical only. There is no HIV testing unless requested by the employee or if it is a requirement in the country of assignment (i.e. certain Middle East countries). HIV testing cannot be legally required by a company.

